Bellwether Farms
Plain
6 oz Sheep Milk Yogurt

Nutrition Facts  Servings: 1
Serving size: 1 container (170g)

Amount Per Serving: Calories 140, Total Fat 9g (12% DV), Sat. Fat 6g (30% DV), Trans Fat 0g, Cholest. 40mg (13% DV), Sodium 90mg (4% DV), Total Carb. 6g (2% DV), Dietary Fiber 0g (0% DV), Total Sugars 2g (Incl. 0g Added Sugars, 0% DV), Protein 10g (20% DV), Vitamin D 0mcg (0% DV), Calcium 390mg (30% DV), Iron 0mg (0% DV), Potas. 224mg (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: PASTEURIZED SHEEP MILK. LIVE, ACTIVE CULTURES: S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, BIFIDUS