

Bellwether Farms
Plain
6 oz Sheep Milk Yogurt

Nutrition Facts Servings: 1
Serving size: 1 container (170g)

Amount Per Serving: **Calories 140**, **Total Fat** 9g (12% DV), **Sat. Fat** 6g (30% DV), *Trans Fat* 0g, **Cholest.** 40mg (13% DV), **Sodium** 90mg (4% DV), **Total Carb.** 6g (2% DV), Dietary Fiber 0g (0% DV), Total Sugars 2g (Incl. 0g Added Sugars, 0% DV), **Protein** 10g (20% DV), Vitamin D 0mcg (0% DV), Calcium 390mg (30% DV), Iron 0mg (0% DV), Potas. 224mg (4% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: PASTEURIZED SHEEP MILK. **LIVE, ACTIVE CULTURES:** S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, BIFIDUS